

Walk or run  
it's just for fun,  
and to save the Buns!



# Run for the Buns

BENEFITTING THE  
SACRAMENTO HOUSE RABBIT SOCIETY



Sacramento  
House Rabbit Society



2224 J Street  
Sacramento, CA 95816  
916-444-7729  
HealthyHabitsStudio.com

Sunday April 22, 2018

8:00AM: 10K | 9:00AM: 5K | 10:00AM: 1 Mile Walk

*You can start anytime after checking in at Healthy Habits Studio!*

**Walk or Run to help the Buns!**

**Choose the 1 mile, 5K or 10K and go at your own pace**

Individuals: \$20 donation (*\$25 after April 15*)

Family: \$60 donation (*\$70 after April 15*)

Group: \$200 donation (*\$250 after April 15*)

Bring your family and friends to help us support the

**Sacramento House Rabbit Society** in their rescue, adoption and outreach programs.

**Registration form on back and online at [runforthebuns.org](http://runforthebuns.org)**



HOUSE RABBIT SOCIETY



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Sacramento, CA 95816  
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## ABOUT THE HOUSE RABBIT SOCIETY

The House Rabbit Society is a non-profit organization dedicated to rescuing and finding loving homes for abandoned and unwanted rabbits. HRS is also committed to educating people about the unique nature and proper care of these wonderful, intelligent companion animals. Find out more about the Sacramento House Rabbit Society at [www.allearsac.org](http://www.allearsac.org).

**By entering the fun run you are helping us make a difference in the lives of homeless and abandoned animals.** This event is produced and staffed by generous volunteers; all funds raised go to the non-profit organization. You'll get to meet the foster bunnies and enjoy delicious post-run treats!

## GET READY TO RUN OR WALK! OR HOP!

Complete the registration form and sign the waiver below (or sign up online at [RunfortheBuns.org](http://RunfortheBuns.org)). Early bird discount and mail registration ends April 15th. In person registration at Healthy Habits Studio available through April 22nd, or sign up at the event. **Groups are welcome - bring your family, friends and co-workers.** Dress for comfort and plan on a casual and fun event! Start training now for distance of your choice. The family rate of \$60 means you and your kids can enjoy a fun activity together while getting exercise and helping bunnies. Group rate is a \$200 donation and is for up to 12 people.

# Run for the Buns

Sunday, April 22, 2018 8-11AM

Register online: [www.RunfortheBuns.org](http://www.RunfortheBuns.org)

**Mail (before April 15th) or bring to:** Healthy Habits, 2224 J Street, Sacramento, CA 95816, telephone 916-444-7729

Include payment by cash, check or credit card. Please make checks payable to Sacramento House Rabbit Society.

**Day of event check-in:** Free parking available on J Street, 22nd Street or 23rd Street.

Arrive 30-60 minutes before your event to allow time for check-in at Healthy Habits Studio.

**NEW!** Order your T-shirts at [www.InktothePeople.com](http://www.InktothePeople.com) Run for the Buns event.

**CUT HERE-----KEEP TOP PORTION FOR YOUR RECORDS-----MAIL BOTTOM PORTION TO US-----**

**Waiver:** In consideration of your accepting this entry I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators, waive and release any and all rights and claims or damages I may accrue against the persons and organizations affiliated with the event for any and all injuries that may be suffered by me or en route to or from the event. I attest that I am physically fit and sufficiently trained for this event, my physical condition verified by a licensed MD during the last 6 months. This also releases photos and videos taken at the event for future Run for the Buns event promotions. I am responsible for the pets or guests I bring to the event. As part of this waiver, I acknowledge that I have read and understand all of the above.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (Please print CLEARLY!) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone cell \_\_\_\_\_ home \_\_\_\_\_ work \_\_\_\_\_ email \_\_\_\_\_

Additional donation to SHRS: \$ \_\_\_\_\_

I can't be there, but here is my donation: \$ \_\_\_\_\_

Check enclosed

Please charge my credit card number:

Choose your event:  10K (6.2 miles)  5K (3.1 miles)  1 Mile

Individual Entry \$20, \$25 after April 15th

Family Entry \$60, \$70 after April 15th

Group Entry (up to 12 participants) \$200, \$250 after April 15th

\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_- cvw# (back of card) \_\_\_\_\_ exp \_\_\_\_\_ / \_\_\_\_\_ Signature: \_\_\_\_\_

Name on card \_\_\_\_\_ Zip code of your address for credit card bill \_\_\_\_\_ Total amount to be charged \$ \_\_\_\_\_